

Fange an einem beliebigen Sonntag an und streiche dann immer ab, was du heute schon gelesen hast.

W	Sonntag	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag
1	Gen 1-3	Gen 4-7	Gen 8-11	Gen 12-15	Gen 16-19	Gen 20-23	Gen 24-27
2	Gen 28-31	Gen 32-35	Gen 36-39	Gen 40-43	Gen 44-47	Gen 48-50	Ex 1-4
3	Ex 5-8	Ex 9-12	Ex 13-16	Ex 17-20	Ex 21-24	Ex 25-28	Ex 29-32
4	Ex 33-36	Ex 37-40	Lev 1-3	Lev 4-6	Lev 7-9	Lev 10-12	Lev 13-15
5	Lev 16-18	Lev 19-21	Lev 22-24	Lev 25-27	Num 1-4	Num 5-8	Num 9-12
6	Num 13-16	Num 17-20	Num 21-24	Num 25-28	Num 29-32	Num 33-36	Dtn 1-3
7	Dtn 4-6	Dtn 7-9	Dtn 10-12	Dtn 13-15	Dtn 16-19	Dtn 20-22	Dtn 23-25
8	Dtn 26-28	Dtn 29-31	Dtn 32-34	Jos 1-5	Jos 6-10	Jos 11-15	Jos 16-20
9	Jos 21-24	Ri 1-6	Ri 7-11	Ri 12-16	Ri 17-21	Rut	1 Sam 1-5
10	1 Sam 6-10	1 Sam 1-15	1 Sam 16-20	1 Sam 21-25	1 Sam 26-31	2 Sam 1-4	2 Sam 5-9
11	2 Sam 10-14	2 Sam 15-19	2 Sam 20-24	1 Kön 1-4	1 Kön 5-9	1 Kön 10-13	1 Kön 14-18
12	1 Kön 19-22	2 Kön 1-5	2 Kön 6-10	2 Kön 11-15	2 Kön 16-20	2 Kön 21-25	1 Chr 1-4
13	1 Chr 5-9	1 Chr 10-14	1 Chr 15-19	1 Chr 20-24	1 Chr 25-29	2 Chr 1-5	2 Chr 6-10
14	2 Chr 11-15	2 Chr 16-20	2 Chr 21-24	2 Chr 25-28	2 Chr 29-32	2 Chr 33-36	Esra 1-5
15	Esra 6-10	Neh 1-4	Neh 5-9	Neh 10-13	Tob 1-7	Tob 8-14	Jdt 1-8
16	Jdt 9-16	Est 1-5	Est 6-10	1 Makk 1-3	1 Makk 4-6	1 Makk 7-9	1 Makk 10-12
17	1 Makk 13-15	1 Makk 16-17	2 Makk 1-3	2 Makk 4-6	2 Makk 7-9	2 Makk 10-12	2 Makk 13-15
18	Ijob 1-4	Ijob 5-7	Ijob 8-10	Ijob 11-13	Ijob 14-16	Ijob 17-19	Ijob 20-22
19	Ijob 23-25	Ijob 26-28	Ijob 29-31	Ijob 32-34	Ijob 35-37	Ijob 38-40	Ijob 41-42
20	Ps 1-4	Ps 5-8	Ps 9-12	Ps 12-16	Ps 17-20	Ps 21-24	Ps 25-28
21	Ps 29-32	Ps 33-36	Ps 37-40	Ps 41-44	Ps 45-48	Ps 49-52	Ps 53-56
22	Ps 57-60	Ps 61-64	Ps 65-68	Ps 69-72	Ps 73-76	Ps 77-80	Ps 81-84
23	Ps 85-88	Ps 89-93	Ps 94-97	Ps 98-101	Ps 102-105	Ps 106-109	Ps 110-113
24	Ps 114-117	Ps 118-121	Ps 122-125	Ps 126-129	Ps 130-132	Ps 133-135	Ps 136-138
25	Ps 139-141	Ps 142-144	Ps 145-147	Ps 148-150	Spr 1-3	Spr 4-6	Spr 7-9
26	Spr 10-12	Spr 13-15	Spr 16-18	Spr 19-21	Spr 22-24	Spr 25-27	Spr 28-31
27	Koh 1-2	Koh 3-4	Koh 5-6	Koh 7-8	Koh 9-10	Koh 11-12	Hld 1-2
28	Hld 3-4	Hld 5-6	Hld 7-8	Weish 1-3	Weish 4-6	Weish 7-9	Weish 10-12
29	Weish 13-15	Weish 16-18	Sir 1-4	Sir 5-8	Sir 9-12	Sir 13-16	Sir 17-20
30	Sir 21-24	Sir 25-28	Sir 29-32	Sir 33-36	Sir 37-40	Sir 41-44	Sir 45-48
31	Sir 49-51	Jes 1-6	Jes 7-11	Jes 12-17	Jes 18-22	Jes 23-28	Jes 29-33
32	Jes 34-39	Jes 40-44	Jes 45-50	Jes 51-55	Jes 56-61	Jes 62-66	Jer 1-6
33	Jer 7-11	Jer 12-16	Jer 17-21	Jer 22-26	Jer 27-31	Jer 32-36	Jer 37-41
34	Jer 42-46	Jer 47-52	Klgl 1-5	Bar 1-3	Bar 3-6	Ez 1-6	Ez 7-12
35	Ez 13-18	Ez 19-24	Ez 25-30	Ez 31-36	Ez 37-42	Ez 43-48	Dan 1-6
36	Dan 7-12	Hos 1-7	Hos 8-14	Joel 1-4	Amos 1-4	Amos 5-9	Obd
37	Jona	Mi	Nah	Hab	Zef	Hag	Sach 1-7
38	Sach 8-14	Mal	Mt 1-2	Mt 3-4	Mt 5-7	Mt 8-10	Mt 11-13
39	Mt 14-16	Mt 17-19	Mt 20-22	Mt 23-25	Mt 26-28	Mk 1-2	Mk 3-4
40	Mk 5-6	Mk 7-8	Mk 9-10	Mk 11-12	Mk 13-14	Mk 15-16	Lk 1-2
41	Lk 3-4	Lk 5-6	Lk 7-8	Lk 9-10	Lk 11-12	Lk 13-14	Lk 15-16
42	Lk 17-18	Lk 19-20	Lk 21-22	Lk 23-24	Joh 1-2	Joh 3-4	Joh 5-6
43	Joh 7-9	Joh 10-12	Joh 13-15	Joh 16-18	Joh 19-21	Apg 1-3	Apg 4-6
44	Apg 7-9	Apg 10-12	Apg 13-15	Apg 16-18	Apg 19-21	Apg 22-24	Apg 25-28
45	Röm 1-3	Röm 4-6	Röm 7-9	Röm 10-12	Röm 13-16	1 Kor 1-3	1 Kor 4-6
46	1 Kor 7-9	1 Kor 10-12	1 Kor 13-14	1 Kor 15-16	2 Kor 1-3	2 Kor 4-6	2 Kor 7-9
47	2 Kor 10-13	Gal 1-3	Gal 4-6	Eph 1-3	Eph 4-6	Phil 1-2	Phil 3-4
48	Kol 1-2	Kol 3-4	1 Thess 1-3	1 Thess 4-5	2 Thess	1 Tim 1-3	1 Tim 4-6
49	2 Tim 1-2	2 Tim 3-4	Tit	Phlm	Hebr 1-4	Hebr 5-7	Hebr 8-10
50	Hebr 11-13	Jak 1-3	Jak 4-5	1 Petr 1-3	1 Petr 4-5	2 Petr	1 Joh 1-3
51	1 Joh 4-5	2 Joh	3 Joh	Jud	Offb 1-6	Offb 7-11	Offb 12-17
52	Offb 18-22	Quelle: Thuiner Franziskanerinnen; www.franziskanerinnen-thuine.de					